

Sid The Kid

Hey Guys,

Here is a photo of the greatest player playing in the NHL today. He got that way not only because he has a great deal of talent, but also because he worked hard “perfecting” the talent he has.

NOTE these points of interest:

- 1) Look at his hands - see how far away from his body they are? It's the only way he could possibly control the puck that well.
- 2) Look how hard he has rolled his stick to cup the puck. No straight up blade for “Sid the kid!”
- 3) Look at the size of his stick. Smaller for better puck control.
- 4) Look at his body position protecting the puck. He knows how hard it is to get back.
- 5) Look at his skates, how much he is on the edges. It almost looks like he will fall. But El Sid has already learned to fall many times so he would not fail!

A GREAT EXAMPLE FOR YOU TO EMULATE!



Here is my suggestion. Print this and hang it somewhere where you will see it many times during your daily activities.

You know what they say: “a picture is worth a thousand words.” Plant that picture in your mind and bring it to practice. Now you become the artist who paints his own masterpiece. Your goal: **MAKE THAT PICTURE A REALITY!**

You may not become El Sid, but you will become a better player for sure.

Coach & Cliff Jr.

