



NEW JERSEY RENEGADES

PRE-TRYOUT SKILLS CLINIC at Aspen Ice in Flemington

Open To All Travel Players Mite thru Midget*

*Training broken up into 3 zones according to age and skill levels

Five 1.25 hour sessions of skills, conditioning & cross ice games

High Intensity Training • Small Area Bursts of Speed • Skating
Stickhandling • Passing • Shooting • Checking (appropriate age levels only)
15 minutes of small ice games to practice learned skills

**Tuesdays and Thursdays: March 30th,
April 1st, 6th, 8th & Saturday, April 17th**

6:45-8:00 pm Tuesdays and Thursdays, 10:15-11:30 am Saturday

Only \$160.00 Per Player

For more information, please contact Cliff Jr.

cgraz16@ptd.net • 973.479.2403

Go to www.njrenegades.net to sign up!

NAME: _____

DOB: _____

PARENT NAME: _____

PHONE: _____

EMAIL: _____

WAIVER: I recognize and understand that ice hockey is a sport involving risks not encountered in everyday play. With this understanding in consideration of the New Jersey Renegades Hockey Association, their Board of Directors, coaches, referees, and other such volunteers that are connected with the New Jersey Renegades Hockey Association, USA Hockey and Aspen Ice in any capacity, fully and forever release the aforementioned for any and all damages, claims and/or liability arising out of any and all injury to or caused by my child. With the knowledge and understanding of the foregoing, this is to certify that my child has permission to participate in the New Jersey Renegades clinics.

Signature of Parent/Guardian _____ Date _____